

## **Stratford Community School 2023 Course Descriptions**

**Crochet/knitting** – Don't know how to crochet or haven't crocheted in a while, this is a great class to get the crochet hook out and create something. You will learn the basics of crocheting. Must provide your own crochet hook and yarn. Knit one, wool over and knit together, if you are wondering what this means, then this class is for you. Come and learn the basics of knitting.

**Cross Stitch** - Come and learn the basic of cross stitching, you will create your own piece.

**Beginner, Intermediate and Jam Guitar** – If you have never played or have some experience there is something for you.

**Home Maintenance Basics** – This course will be a topic a night, topics include: how to plan a room – story board, home safety, how to do small repairs, painting the does and don'ts, cleaning tips and tricks, how to patch dry wall and when is it time to call in the professionals. There will be an additional \$25 charge for supplies. (Additional cost)

**Line Dancing** – Little bit country and a little bit rock n roll. Music and low impact line dance steps. Stress less exercise and fun for all!

**Quilting (English paper piercing)** - hand work no sewing machine required

**Pickle Ball** - Are you looking for a fun fitness activity that isn't boring? Do you want a cardiovascular workout that won't jolt your joints? If so, then pickleball may be for you. Pickleball is a low-impact sport that is played on a badminton court with a paddle and whiffle ball, it is a mix of tennis, badminton, and ping pong. It's a great social activity that's suitable for all ages and mobility levels and will get you out and moving! (Additional cost)

**Ukulele** – The ukulele course is designed for the beginner player. All participants should bring their own ukulele and an electronic tuner. A concert size or tenor size ukulele is recommended. The course will consist of the fundamental music theory and we will be doing lots of practice strumming and playing one, two, and three cord songs.

**Sewing** – Learn the basics of sewing. Bring your own sewing machine and provide your own materials

**Belly Dancing** – Have you always wanted to learn how to belly dance, well this is your opportunity. Learn the beautiful moves and techniques of belly dancing and be surprised at how fun it is.

**Irish Ceilidh & Set Dancing** – This is easy to learn partner dancing but you can come as a single and the instructors will partner you up, No previous dance experience necessary, all levels of dance experience welcome, It is very good exercise, can be vigorous but speed of the music is always adjusted to suit, It is very much social dancing done for fun, not for show, Suitable for ages 16 and up, Gary Conboy and Helen Gough-Conboy are the instructors, You will be taught using recorded music, traditional Irish tunes.

**Genealogy** – An introduction to Genealogy using lecture, discussion, power point presentations and the internet to learn about where to look for information about your families' past. Most of the examples will be for, Record keeping, PEI, Canada and Great Britain but the same principles apply everywhere. Topics include: How do I start? Record Keeping. Where do I find Census, Birth, Marriage, Death, Probate and Land Records? Where else can I look for interesting stories? Illustrations? How do I put it all together?

**Rug Hooking** – Learn the basics of being a Hooker! Basic rug hooking techniques.

**Spanish (Basic)** – This course will teach basic Spanish, words and phrases to use on your next vacation or with your neighbour.